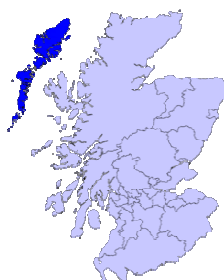


Na h-Eilean an Iar



Comhairle nan Eilean Siar Smoking Statistics

Smoking Prevalence	%	Above / Below Scottish Average
Current smoking prevalence – local authority area (16 yrs plus) ¹	Male 27.3% Female 24.1% Total 25.7%	1.5% below
Deaths attributed to smoking between 2000-2004: health board area ¹	16%	8% below
Smoking in first trimester of pregnancy: health board area ²	17.1%	5.6% below
15 year olds who smoke regularly (Scotland figure) ³	Girls 18% Boys 12%	/
13 year olds who smoke regularly (Scotland figure) ³	Girls 5% Boys 3%	/
15 and 13 year old regular smokers who reported buying cigarettes from a shop ³	15 yrs 82% 13 yrs 47%	/

In your area

Within the NHS Western Isles area, smoking prevalence is highest in the 25-34 age group and drops progressively in older age groups¹.

The Western Isles has the joint second lowest rate of deaths attributable to smoking in Scotland¹.

The Alcohol, Drugs and Smoking Action Team is a multi-agency partnership of senior representatives from the NHS, council, and other agencies. A Tobacco Strategy was produced for 2005/2007⁴.

Smoking education sessions have been held at local educational establishments⁴.

Patients in the Western Isles Hospital are offered assistance to stop smoking⁴.

Midwifery staff have been provided with training in cessation. All pregnant women are given a smoking and pregnancy baby pack and can be referred to smoking cessation⁴.

National View

It is estimated that 24% (13,500 deaths) of all deaths in Scotland in 2004 were attributable to smoking with 89.5% of all lung cancer deaths attributable to smoking¹. Amongst those in middle age (35-69) an average of 22 years of life are lost per death from smoking¹.

In 2003/04 it is estimated that there were approximately 1.1 million adult smokers in Scotland, 27.2% of the adult population¹.

For more information, please contact ASH Scotland: 0131 220 4725 / enquiries@ashscotland.org.uk.

¹ NHS Health Scotland, ISD Scotland and ASH Scotland. [2007] *An atlas of tobacco smoking in Scotland*. Edinburgh: NHS Health Scotland.

² ISD Scotland. *Smoking at booking (revised) - Scotland*. [online]. 2 November 2006. Available from: www.isdscotland.org/isd/files/mat_bb_Smoking%20at%20Booking_revised.xls [accessed 1/6/07]

³ BMRB Social Research. 2007. *Scottish Schools Adolescent Lifestyle and Substance Use Survey (SALSUS) - National Report 2006* [online]. Available from: www.drugmisuse.isdscotland.org/publications/abstracts/salsus_national06.htm [accessed 1/6/07]

⁴ ASH Scotland. [2007] *Mapping local tobacco control alliances in Scotland*. Edinburgh: ASH Scotland.