

# Healthier babies without tobacco

Best Western Park Hotel Falkirk, 5<sup>th</sup> March 2010

Playing your part in reducing the harm caused by smoking

|   |  |
|---|--|
| 9.15-10.00  | Registration and coffee at the Camelon Room  |
| <p>10.00-10.15 Regency Suite</p> <p>Chair of Conference<br/>Ann Holmes, Consultant<br/>Midwife, NHS Greater Glasgow<br/>and Clyde</p>                       | <p><b>Scotland's children will be healthier when we have reduced their exposure to tobacco</b></p> <p>An introduction and overview of the day</p>  |
| <p>10.15-10.45</p> <p>Dr Nagi Eid<br/>Consultant Obstetrician and<br/>Gynaecologist, NHS Tayside</p>  | <p><b>These are the harms caused by smoking: do we do enough to inform prospective parents?</b></p> <p>Smoking has an effect on fertility and on the ability to conceive and can cause significant and lasting damage not only to mothers but to their child and subsequent generations.</p> <p><b>Questions</b></p>   |
| <p>10.45 -11.15</p> <p>Janet Fyle Professional Policy<br/>Advisor, Learning, Research &amp;<br/>Practice Development<br/>Department, RCM</p>                | <p><b>What does smoking mean to women who smoke?</b></p> <p>Smoking as an addiction. Behind the statistics around smoking in pregnancy and the link with disadvantage. What is the incidence of smoking among pregnant women in Scotland? Which groups have highest incidence and why. The guilt of maternal smokers and how this affects relationships with health care staff.</p> <p>How can we offer understanding and support?</p> <p><b>Questions</b></p> |
| 11.15-11.45   | Coffee break   |
| <p>11.45 -12. 15</p> <p>Dr Paul Aveyard<br/>Clinical reader/NIHR career<br/>scientist, Primary Care Clinical<br/>Sciences, University of<br/>Birmingham</p> | <p><b>What works in smoking cessation?</b></p> <p>The evidence that referral by healthcare professionals leads to quitting.</p> <p>An overview of the behavioural support and pharmacotherapy available to pregnant women to aid smoking cessation, the efficacy and safety of NRT.</p>  |

|   |   |
|---|---|
| <p>12.15-12.45</p> <p>Nancy Docherty, Smoking Cessation Coordinator, NHS Lanarkshire<br/>Elsbeth Cochrane, Stop-smoking Practitioner<br/>Cathy Murphy, Midwife</p>  | <p><b>What happens after that most important referral to the stop-smoking service?</b></p> <p>An outline of service provision and a case study illustration.</p> <p><b>Questions to the panel: providing stop-smoking support</b></p> <p>Paul Aveyard, Janet Fyle, Nancy Docherty and Anne Finnie</p>   |
| <p>13.00-14.00 <b>Lunch in the Camelon Room</b></p>   |   |
| <p>Brief Advice Training Option<br/>14.00-15.30 Rosebank Room</p>   | <p><b>Path training module involving internet pre-course reading and evaluation for those who have pre-registered</b></p>   |
| <p>14.00-14.25 Regency Suite</p> <p>Dr David Tappin, Clinical Senior Lecturer in Child Health at Glasgow University and Director of the Paediatric Epidemiology and Community Health (PEACH) Unit, Glasgow University</p> | <p><b>The dangers for young children in a smoky environment: the paediatrician's perspective</b></p> <p>Hazards of smoking to the newborn. For onset and exacerbation of asthma, immediate physical health impacts and long-term conditions.</p> <p>The importance of raising the issue of second-hand smoke exposure of young children.</p>  |
| <p>14.25-14.50</p> <p>Brenda Friel, Health Improvement Senior (Tobacco Control), Irene Stewart Smoke-free Homes Coordinator NHS GGC, Kirsty Cornwall Smokefree Homes and Zones Co-ordinator</p>                           | <p><b>Can we protect children in the home?</b></p> <p>Providing advice to mothers and partners on reducing smoke exposure to children.</p> <p>Smoke-free home initiative; what's happening in Greater Glasgow and Clyde?</p> <p>How can you provide advice in the absence of an on-going initiative in your area?</p> <p><b>Questions to the panel</b></p> <p>Brenda Friel, Irene Stewart, David Tappin</p> |
| <p>15.05-15.15</p> <p>Ann Holmes</p> <p>Close</p>   | <p><b>From what we have learned today how should we change our practice?</b></p> <p>Summary and final questions.</p>  |