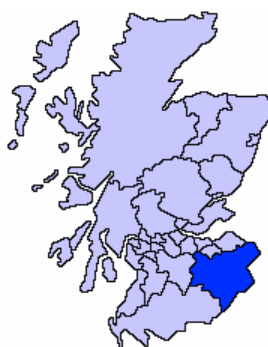


Scottish Borders



Scottish Borders Smoking Statistics

Smoking Prevalence	%	Above / Below Scottish Average
Current smoking prevalence – local authority area (16 yrs plus) ¹	Male 24.5% Female 23.2% Total 23.9%	3.3% below
Deaths attributed to smoking between 2000-2004: health board area ²	Borders 18%	6% below
Smoking in first trimester of pregnancy: health board area ²	Borders 27.6%	4.9% above
15 year olds who smoke regularly (Scotland figure) ³	Girls 18% Boys 12%	/
13 year olds who smoke regularly (Scotland figure) ³	Girls 5% Boys 3%	/
15 and 13 year old regular smokers who reported buying cigarettes from a shop ³	15 yrs 82% 13 yrs 47%	/

In your area

Within the NHS Borders area smoking prevalence is highest in the 16-24 and 25-34 age groups and drops progressively in older age groups².

In NHS Borders a Tobacco Strategy was approved by the Health Board in May 2006⁴.

Within the NHS Borders area a whole school approach linking with Health Promoting Schools has been developed and is expected to cover all schools by 2010, this will include curriculum development, staff awareness and training, and the school smoking policy⁵.

A pilot project for pregnant smokers based on West Lothian's 'Stop for Life' programme is taking place in areas of deprivation within Hawick, North Galashiels, and Stow⁵.

National View

It is estimated that 24% (13,500 deaths) of all deaths in Scotland in 2004 were attributable to smoking with 89.5% of all lung cancer deaths attributable to smoking¹. Amongst those in middle age (35-69) an average of 22 years of life are lost per death from smoking¹.

In 2003/04 it is estimated that there were approximately 1.1 million adult smokers in Scotland, 27.2% of the adult population¹.

For more information, please contact ASH Scotland: 0131 220 4725 / enquiries@ashscotland.org.uk.

¹ NHS Health Scotland, ISD Scotland and ASH Scotland. [2007] *An atlas of tobacco smoking in Scotland*. Edinburgh: NHS Health Scotland.

² ISD Scotland. *Smoking at booking (revised) - Scotland*. [online]. 2 November 2006. Available from: www.isdscotland.org/isd/files/mat_bb_Smoking%20at%20Booking_revised.xls [accessed 1/6/07]

³ BMRB Social Research. 2007. *Scottish Schools Adolescent Lifestyle and Substance Use Survey (SALSUS) - National Report 2006* [online]. Available from: www.drugmisuse.isdscotland.org/publications/abstracts/salsus_national06.htm [accessed 1/6/07]

⁴ ASH Scotland. [2007] *Mapping local tobacco control alliances in Scotland*. Edinburgh: ASH Scotland.