

Scottish Tobacco Control Alliance

Smoking cessation and addictions services: working together to support the needs of people with a history of substance misuse



**30 March 2012, 10.00 to 16.00
at The Salvation Army,
429 - 431 Gorgie Road,
Edinburgh EH11 2RT**

A one-day conference for those working in and supporting smoking cessation and addictions services to share good practice, debate some of the key challenges and explore possible solutions to reduce smoking and substance misuse in Scotland.

- refresh your knowledge about the importance of addressing respiratory ill-health resulting from tobacco, cannabis and other smoking
- explore the differences and similarities between the support provided to recovering poly-drug users and quitting tobacco-smokers
- identify opportunities to support clients from the parallel services (drug and alcohol addiction and stop-smoking services) through referral
- learn how the smoking cessation client group can be supported, particularly in regard to cannabis and alcohol use
- learn from good practice in addiction services which support clients to stop smoking.

Smoking and substance abuse

It has long been known that heavy alcohol users and cannabis and opiate users have a very high incidence of tobacco use and that this cocktail of substances combined with other lifestyle factors takes a severe toll on their physical and mental health. A recent study identified 98% of Scottish drug misusers as smokers.

There is growing evidence of greater harm caused by tobacco smoking when it is co-current with heavy alcohol use or drugs such as heroin, cocaine and methadone.

Just as reducing alcohol intake and drug taking has been shown to improve mental health, so too does quitting smoking. Supporting people to be substance-free makes a big difference to their physical and mental well-being.

Sharing good practice

This conference will provide an opportunity to explore the meeting points between addictions services and smoking cessation services and identify how alcohol, cannabis and other drug users may be supported to quit smoking. Can you help envision a more holistic approach to tackling substance misuse?

Register

To offer support or register for a place at this event contact:
Jennifer.Black@ashscotland.org.uk

The charge for this event will be less than £50.

Event planning group representation from: Aberdeen Foyer, Addaction Scotland, ASH Scotland, British Lung Foundation (Scotland), NHS Health Scotland, Roy Castle Lung Cancer Foundation, Signpost Recovery, Salvation Army, West Lothian Drug and Alcohol Service and the NHS.