

# Fastfacts

## New tobacco products (heat-not-burn)

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### What are new tobacco products?

- New tobacco products (NTPs), also called heat-not-burn products, are a new type of device designed to taste and feel similar to smoking without the same health impacts
  - NTPs are not e-cigarettes, as they contain actual tobacco rather than a nicotine and flavoured or unflavoured liquid
  - in principle, these products work by heating tobacco to release chemicals such as nicotine into the air without causing burning (where many harmful products of tobacco smoking are produced)
  - there will probably be many different types of NTP which work in different ways as new products are released
  - three of the four major tobacco companies now sell NTPs in at least some countries – PMI's iQOS, BAT's Glo and JTI's Ploom.
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### What are the health effects of NTPs?

- There has been very little independent research on the health effects of NTPs, but they are likely to be less harmful than smoking lit tobacco
  - however, it is not possible to quantify how harmful they may be at this point
  - there has been no independent research on using NTPs to quit smoking lit tobacco.
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### What regulations cover NTPs?

- As NTPs are tobacco products, they are covered by advertising bans and other restrictions on selling tobacco
- NTPs may not be covered by Scottish law restricting smoking in indoor public places due to the way the law defines tobacco products
- given the lack of independent research available, as well as the different mechanisms of action used by different NTPs, ASH Scotland takes the position that these devices should be added to smoke-free public places legislation on the same basis as lit tobacco.