

ASH Scotland Online Sessions



ASH Scotland has adapted a range of our existing support, training and briefings and we are now excited to offer these as a range of concise online sessions (using either Zoom or Teams).

Thanks to Scottish Government funding, we are able to offer these sessions **free** to any organisation working with children, families, young people or disadvantaged adults anywhere in Scotland.

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Introductory Sessions

A brief live session (from half an hour to an hour) for your staff or volunteer group to explore the relevance and impact of smoking to your service users or client group, how organisations can respond and what support is available. You can tailor the session by choosing up to three topics from our menu:

- Scotland's Charter for a Tobacco-free Generation
- Supporting Parents/Carers to Create Smoke-free Homes
- Creating a Tobacco-free School
- Smoke-free College/University Campuses
- People who Buy Tobacco for Young People
- Raising the Issue of Smoking in Youth Work Settings
- Children and Young People who are Looked After
- E-cigarettes and Children
- E-cigarettes and Adults
- Smoking and Mental Health
- Young People, Smoking and Mental Health
- Smoking and Finances
- Smoking and Medications
- Tobacco and Cannabis

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Themed Sessions

In addition to offering this topic menu for organisation teams, we will also timetable a number of sessions grouping together some of the related topics. These will be open to individual staff or volunteers to attend:

- Supporting Parents and Carers
- Smoking and Young Adults
- Smoking and Inequalities

Through our IMPACT project we are able to offer a variety of online sessions on the links between smoking and mental health. See www.impact.scot for details

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Online Learning Modules

We have a number of online resources, ranging from brief tutorials to introduce a topic, through to more substantial resource packs supporting work in particular areas:

eLearning courses:

- Understanding Tobacco
- Supporting Behaviour Change
- Smoking and Financial Support
- Smoking and Mental Health
- Smoke-free Colleges and University Campuses
- Second-hand smoke and smoke-free homes
- Tobacco and Cannabis
- Smoking and Young People
- Young Carers, Smoking and Second-hand Smoke

Downloadable training/activity packs:

- Second-hand smoke resources and activities for delivery to Parents and Carers
- Second-hand smoke resource pack for delivering training to health professionals
- Resources and activities pack for schools
- Resources and activities pack for youth work
- Tobacco-free cultures training pack for children and young people who are looked after



If you are working in Scotland to support a disadvantaged group, then you can be sure that they will be affected by smoking – please get in touch to discuss how we can help you to respond.

Contact admin@ashscotland.org.uk to express an interest and to arrange a conversation about how we can help you to improve the health, economic and social outcomes for your service users.